



## Kyle Dine & Friends - Quiz for Disc 2 (Ages 8-11)

1. What is the name of the medicine that can help make an allergic reaction go away?
  - a. Cough syrup
  - b. Adrenaline/epinephrine
  - c. Penicillin
2. Why is it not a good idea to share food with others at school?
  - a. Others might be allergic to it
  - b. We might not know the ingredients of it
  - c. A & B
3. Peanuts always cause the most serious allergic reaction compared to any other food.
  - a. True
  - b. False
4. What system is the body is responsible for an allergic reaction?
  - a. Digestive System
  - b. Immune System
  - c. Respiratory System
5. Would a salad with almonds be okay for someone who was allergic to all tree nuts?
  - a. Yes
  - b. No
6. Which one is not a typical symptom of an allergic reaction?
  - a. Sprained ankle
  - b. Swollen lips
  - c. Stomach cramps
7. After giving adrenaline/epinephrine, what should you do?
  - a. Nothing, everything should then be fine afterwards
  - b. Call for help and get to a hospital
  - c. Don't tell others and keep it a secret
8. How can a medical bracelet help someone with food allergies?
  - a. It tells others that they have food allergies
  - b. It can tell others what is wrong in an emergency
  - c. A & B.
9. Why do we need to wash our hands with soap and water?
  - a. So they will smell nice
  - b. To prevent cross-contamination/cross-contact if they have allergens on them
  - c. We don't, hand sanitizer works better to get rid of allergens
10. People with food allergies can play sports, and go to birthday parties.
  - a. True
  - b. False